

Childhood Developmental Milestone Guideline from Birth to age 5 years

Developmental milestones are things most children can do by a certain age. Below is a brief list of some of the normal milestones you child should be achieving by certain ages. Please contact your child's doctor should you have specific concerns.

Birth to 2 months: coos or makes other sounds, turns head toward sound

2 months to 4 months: babbles and makes facial expressions with some sounds, holds head up

6 months: responds to sounds with their own sounds, shows facial response to their name, rolls in both directions, may start sitting

9 months: understands "no" and makes simple sounds like "mamamama", can sit unsupported, may be standing while holding on

18 months old (1 ½ years) : says several single words, points to objects they want, stands and walks alone, beginning to dress and undress self, pulls toys while walking, drinks from a cup

24 months (2 years old): points to pictures of objects when they are named, says 2-4 word sentences, repeats words they overhear, kicks a ball, stands on tip toes, beginning to run

36 months (3 years old): follows 2-3 step verbal instructions, carries a 2-3 sentence conversation, says their own name, names friends, builds a tower 6 blocks high, plays make believe, copies a circle with a crayon

48 months (4 years old): uses "he" and "she" correctly, sings songs and nursery rhymes, can repeat first and last name, catches a bouncing ball, mashes their own food, and draws a person with 2-4 body parts

60 months (5 years old): tells stories that others can understand, uses future tense correctly, knows their name and address, can tumble, hops on 1 foot, can use the toilet unassisted

Talk, read and sing to your child every day!

Sources:

https://www.cdc.gov/ncbddd/actearly/pdf/checklists/all_checklists.pdf